IN THE CLAIMS:

- 1. (Currently Amended) A height-adjustable working table with at least two guide rails (3) for receiving a worktop (2), which is adjustable in its working height by means of a drive motor with at least one cable drum and pull cables, wherein each guide rail (3) is comprised of a formed by a profile section and the worktop (2) is mounted displaceably on the guide rails in such a way that the downward movement of the worktop takes place by virtue of its own weight, the drive motor (15) with the cable drum (14) being arranged in the region of the worktop (2), and the guide rails (3) having attachment means (16) with which an in each case one end of each the pull cables cable (13) can preferably be attached is hooked at the upper ends of the guide rods rails, respectively.
- 2. (Currently Amended) The working table as claimed in claim 1, wherein the worktop (2) has a means (11,12) which interacts with the guide rails (3) on the an inner and/or outer eross section surface.
- 3. (Currently Amended) The working table as claimed in claim 1, wherein the each guide rail (3) is designed essentially[[,]]

as a rectangular tube.

- 4. (Previously presented) The working table as claimed in claim
 2, wherein the means is a front and a rear roller (11, 12).
- 5. (Currently Amended) The working table as claimed in claim 4, wherein the front roller (12) and the rear roller (11) each bear against the outer cross section surface of the each guide rail (3), at the bottom and at the top respectively.
- 6. (Currently Amended) The working table as claimed in claim 4, wherein the front roller (12) and the rear roller (11) each bear against the inner eross section surface of the each guide rail (3), at the top and at the bottom respectively.
- 7. (Previously presented) The working table as claimed in claim 4, wherein the rollers (11, 12) are formed by ball bearings.